

Supporting Student in Distress - Campus Resources for Students

We want faculty be sure you know where to direct students to if they encounter challenges or unexpected events. Please see below for a list of campus resources; if you have any questions about any of the below and/or supports for issues don't appear on the list below, just let Erika Honisch and Monica Winchell know!

The Red Book

The [SBU Red Book](#) provides guidance on campus resources covering a range of scenarios, including: emotional distress, food and housing insecurity, medical emergency, missing student, sexual violence, and suicidal crisis. It also provides some guidance related to Active Shooters, Disruptive Behaviors, Managing Challenging Classroom Situations, etc.

Accessibility

If you have a disability, the **Student Accessibility Support Center** will work with you (and with faculty and Departments, as relevant) to arrange accommodations: <https://www.stonybrook.edu/sasc/>

Office of Equity and Access

- information and activities relating to making Stony Brook safe, welcoming and free from discrimination: <https://www.stonybrook.edu/commcms/oea/>
- select the Policies drop-down menu here: <https://www.stonybrook.edu/commcms/oea-sm-tix/report.php> for info on:
 - Accommodating Pregnant Students
 - Digital Accessibility
 - Equal Opportunity
 - Policy on Relationships
 - Sexual Misconduct Policy and Reporting
 - Code of Student Responsibility
 - Student Bill of Rights
 - Complaint Procedure for Allegations of Discrimination

Mental Health Supports:

- **SBU Counseling and Psychological Services** (includes information on how to support someone who needs it): <https://www.stonybrook.edu/caps/>
- **24/7 Crisis Line:** 631-632-6720, press 2 to speak to a counselor
- Other **Emergency/After Hours Mental Health Resources** <https://www.stonybrook.edu/commcms/studentaffairs/caps/emergencies.php>

Precarity, Unexpected Challenges or Events

- **Student Support Center:** for consultation/guidance on (among others): hospitalization, death of a loved one, food insecurity, housing insecurity, chronic conditions, academic distress: <https://www.stonybrook.edu/commcms/studentaffairs/studentssupport/>
- **SBU Food Pantry:** <https://www.stonybrook.edu/commcms/foodpantry/>

Sexual Misconduct and Title IX

- information about supports for victims of sexual violence, including reporting options, access to medical help, etc. <https://www.stonybrook.edu/commcms/oea-titleix/> You will also see posters around the Music Building that read "Report It," which also provide this information.

- For a list of Deputy Title IX Coordinators (faculty/staff on campus who can provide complainants with information about their rights and options: https://www.stonybrook.edu/commcms/oea-sm-tix/_about/contact-us.php#view-deputies